

LIVE HEALTHY GRUNDY COUNTY PROCLAMATION

WHEREAS, the American obesity crisis and health-related problems associated with obesity and inactivity are issues that demand each community to take action; and

WHEREAS, leaders from across Grundy County recognize the importance of establishing a county-wide wellness coalition to implement the ultimate goal for Grundy County to be regarded as the healthiest county in Iowa; and

WHEREAS, Live Healthy Grundy County's 100 Day Wellness Challenge offers hope through increased physical activity and healthier nutrition choices.

THEREFORE, We, the members of the Grundy County Board of Supervisors, do hereby endorse a County-wide coalition to proclaim the dates January 23, 2012, to May 1, 2012, as the time to begin to practice LIVE HEALTHY GRUNDY COUNTY and we do hereby urge 1,200 or more citizens of Grundy County from all businesses, schools, churches, and civic organizations interested in living a healthier life through healthy nutrition and activity choices unite together to make Grundy County the healthiest county in Iowa.

Passed and adopted this 27th day of December, 2011.

GRUNDY COUNTY BOARD OF SUPERVISORS


Barbara L. Smith, Chairperson

ATTEST:


Rhonda R. Deters, County Auditor